

Questions for Self-Assessment		
Too Easy	On Target	Too Hard
• I already know how	• I know some things	• I don't know where to start
• This is a cinch	• I have to think	• I can't figure it out
• I'm coasting	• I have to persist	• I'm missing key skills
 I'm bored No big effort necessary	 I hit some walls I have to re-group I feel challenged	I feel frustrated This makes no sense

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