

Intrinsic Motivation: Value and Success

Increase motivation by helping students value what they do

Ways to Add Value to Instruction

V	Variety	Include a variety of activities, assignments, projects, etc. Have a structure, but don't get caught up in a boring routine.
A	Attractiveness	Integrate elements of movement, curiosity, and originality into your lessons.
L	Locus of control	To address students' need for some control over their circumstances or ownership in the learning, provide opportunities for them to be a part of the learning experience, rather than simply being told what to do.
U	Utility	Students need to see the utility, purpose, or the relevance of the lesson. Provide real-life connections.
E	Enjoyment	Students are more motivated when they find pleasure in what they are doing. Although you need to have a classroom with structure and order, that may "look" different in different classrooms. It is absolutely, positively OK to smile and have fun. Play games, make jokes, and do something different.

Increase motivation by showing students they have a chance for success

