

😊😊😊 **Positives List** 😊😊😊

Week of :

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
1.				
2.				
3.				
4.				
5.				

Note: List at least five positive things that happen each day. Keep a daily list, and refer to it so you can be reminded that there are good things happening!